## **Ceta Canyon Retreats**

As a non-profit organization our goal is too breakeven. At Winter Experience we were unable to do that due to the increases Ceta Canyon had to pass on to us. As a result of that we had to rethink how to breakeven without raising our prices. The best way we could decide to do this is to reduce the number of meals Ceta provides for us. We are decreasing our meals from eight to five. The past several years we have noticed that less and less of our quilters go to the cafeteria to eat breakfast.

On your registration form you will find some options to check for bringing sweets, non-sweets, or breakfast items. We will have the apartment kitchen available to use if anyone would like to make a breakfast casserole to share or cook their own meals.

One thing we are very excited about is that Ceta Canyon has hired a full-time chef. He is starting this summer and should be broken in by fall.

## Terms/definitions associated with our retreats:

<u>Three nights:</u> Nights include Thursday, Friday and Saturday, linens are included (sheets, pillowcases, towels, wash cloths).

Five meals: Thursday, Friday, and Saturday night dinner

Friday and Saturday lunch

Fall Retreat: 3-night 4-day retreat in late September. (September 21-24, 2023)

Winter Experience: 3-night 4-day retreat in late January. (January 25-28, 2024)

<u>Bed tour:</u> Bring a quilt to put on your bed and sometime during the weekend we will walk through the sleeping quarters and admire the talent among our quilters. This is done at a set time, so you don't have to worry about keeping your bed made up all the time or the room you are assigned to be cleaned up.

<u>White Elephant Sale:</u> Bring your unwanted quilting items and they will be put into baskets and tickets will be sold for 50 cents. Ticket is drawn out of a cup and winner gets the whole basket of items, (books, magazines, tools, patterns, templates, fabric, UFO's, etc)

<u>Trunk Show:</u> A chosen quilter shows the quilts that she/he has made throughout their quilting life. Usually, last 1 hour to 1 ½ hours.

Demonstrations: Short 15-20 minutes demonstration of a technique.

<u>Class:</u> 2-3 hours of working on a project, demonstrating a technique taught by a fellow quilter if scheduled.

<u>Teacher Academy:</u> A class for those who would like to learn how to teach a class if scheduled.

<u>Devotional:</u> Sunday morning, 15-20 minutes for prayer and meditation.

Vendor: A guilting business that sets up a pop-up store at the retreat.

<u>Massage:</u> 15-minute chair massage. The emphasis is on your shoulder, neck and upper back. Provided at a low cost of \$15 cash.

<u>Registration Form:</u> Required by all participants, will be attached to this email and available on our website.

Registration: Fall Retreat registration opens on June 1, 2023

Winter Experience registration opens on October 2, 2023

<u>Participants:</u> First 45 sending in registration forms, after that they will be put on a waiting list. <u>Medical Release Form:</u> Confidential medical information required by all participants in case of a medical emergency.

<u>Block Lottery:</u> See guidelines below. Challenge Quilt: See guidelines below.

<u>Optional</u>: Everything we schedule is optional. This retreat is yours to do as you would like. The one thing we ask is that no one sews during the Trunk Show.

## 2023 Fall Retreat Challenge Quilt Guidelines

- 1. Quilt must be less than 120 inches in total perimeter.
- 2. Any technique or embellishments are acceptable.
- 3. Quilts must consist of three layers and be finished on the edges somehow.
- 4. Theme must be incorporated into the quilt.
- 5. You must not have any individual identifying information on the front of the quilt. You must have your name on the back of the quilt.
- 6. Quilt will be displayed at the OQS 2023 Fall Retreat at Ceta Canyon.
- 7. This year's **theme is: Landscapes -** enjoy the process and the experience!!

## 2023 Quilt Lottery Entry – Theme "FALL"

- 1. 12 1/2" block to make a 12" finished block using black and white fabric.
- 2. All blocks will be put into a basket.
- 3. A block is pulled out at random and that person gets all the blocks!
- 4. You may put in as many blocks as you wish.
- 5. Put your name on a seam on the back of the block.
- 6. The drawing will be held on Saturday.

Previous winners have put together the blocks and shared with all of us the following year at Fall Retreat. We have had some cool quilts, etc. made with the blocks.